



# EASTERN DISTRICT OF WASHINGTON

## Substance Abuse Testing Instructions

A requirement of your supervision is participation in a substance abuse testing program. You should be aware of the following important program requirements, and the consequences for not following them:

1. If you are being referred to the Urine Testing Program, you must call the urine collection vendor daily to determine whether you will be required to provide a urine sample. It is your responsibility to accomplish this task. The Urine Testing Program provides a framework for moving you through a system of urine collection that decreases with time and negative results. Keep in mind that the frequency of testing is random. Your assigned probation officer will supplement testing through contacts in your home and at the probation office.
2. You are being referred to a urine collection vendor as per the order of the Court due to your history of illegal drug use. Any positive urinalysis detection may result in your immediate referral to a treatment program, or revocation proceedings may be started. Continued drug use, treatment program departure prior to completion, or unfavorable discharge, may result in initiation of revocation proceedings by your probation/pretrial services officer.
3. When notified to report for services, you must report on the date and time indicated. Collections may be required any day, including weekends and holidays.
4. Your failure to report for collection, following notification, will be reported immediately to your probation officer. Failure to report for testing may be considered a positive urinalysis.
5. Inability or unwillingness to provide a urine sample may result in revocation proceedings.
6. Prior to collection, you must notify and provide verification of any prescribed medication to the collector. You are not to take any medicines prescribed for persons other than yourself. Any drugs so taken are and will be considered episodes of illegal drug use.
7. You should not use over-the-counter Vick's inhaler without first obtaining permission from your U.S. probation officer.
8. You are not to consume poppy seeds or foods that contain them.
9. You shall not consume herbal products that mimic the effects of controlled substances. (i.e.: Spice, K2, Black Mamba, and known by any other product name).
10. This district has a total abstinence program. You will be periodically tested for illicit substances and any indication of use is considered a violation of program rules and your conditions of supervision.
11. No large quantities of fluids should be consumed for 1 to 2 hours prior to providing a sample, unless otherwise directed by your supervising officer.

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12. If the collection vendor and/or probation officer suspects that the sample has been flushed, i.e., a very clear sample, you will be asked to remain at the collection site and no further fluids may be consumed. Additional samples will be collected at the discretion of the collector until a valid sample has been obtained. Once an individual has entered into the collection vendor's office and/or probation office, a valid sample must be obtained prior to leaving. Any subsequent specimen will be considered a separate collection and will not excuse the original sample.
13. If there is a valid medical condition that prevents an individual from giving a valid specimen, it should be discussed with the collection vendor and probation officer. A letter from an attending physician will be necessary to confirm the condition.
14. You are not to incur any needle marks except for legitimate medical treatment that can be verified. If you visit a physician and are prescribed medication, it will be necessary for you to discuss your legal status and/or your history of substance abuse with the physician. The physician has the responsibility to know this information for your own health needs. It is important that you discuss fully any medication you may receive. Nothing in the above instructions is meant to interfere with legitimate medical treatment. Appropriate medical treatment is encouraged. It may be necessary to contact your doctor when you receive medication or for other reasons. You may be asked to sign documents which permit your U.S. probation and pretrial services officer and your doctor to communicate with each other.
15. You are not to alter the sample either directly or indirectly. Adulteration is the intentional manipulation of urine sample in order to pass a drug screening test. In addition to testing for controlled substances, each sample is subject to testing for adulteration both on-site and via laboratory confirmation.
16. You shall not use any product or device of any kind that is used to defeat or falsify a urinalysis test.
17. If you have been selected to participate in the PharmChek Sweat Patch program, after the PharmChek patch has been applied, you will be given a date and time to return to have the patch removed. If the PharmChek patch appears to be coming loose, it is your responsibility to notify your supervision officer prior to the PharmChek patch removal date. If the PharmChek patch is removed early, another patch may be applied. You may perform normal activities such as work, bathing, showering and exercising, etc. However, you should be cautioned to pat, not rub, over the patch when washing and drying.

***FAILURE TO COMPLY WITH ANY OF THE ABOVE INSTRUCTIONS MAY RESULT IN A RECOMMENDATION THAT YOU RETURN TO COURT FOR OFFICIAL ACTION.***

I understand and accept the above-noted instructions and acknowledge that I have read them and received a copy of them.

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*Signature of Defendant/Offender*

*Date*

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*Signature of Officer*

*Date*